

orld Mental Health Day is coming up next week

wellbeing section within the Tooled Up library. It currently contains 251 resources and is growing constantly, in response to your needs

something for you).

We cover topics including helping your child to <a href="https://www.nc.google.com">thrive both academically and mentally</a>, lists of brilliant <a href="books">books</a>, and reliable <a href="sources of support">sources of support</a> for mental health and wellbeing. The library is also packed with interviews and webinars with researchers, which tackle subjects ranging from how parents and schools can best work together to improve \_\_\_\_\_\_\_\_\_, to the <a href="impact of digital-technology">impact of digital-technology</a> on wellbeing. We always strive to uncover groundbreaking research evidence - did you know that young people at greatest risk of self-harming can be <a href="identified up to a decade before they self-harm">identified up to a decade before they self-harm</a>? Do check out all of our resources for practical tips and activities designed to nudge children (and adults) to take care of their mental health and wellbeing.

Finally, to all those amazing teachers and school staff out there, we

The Tooled Up library is already packed with almost 350 evidence-based resources, including interviews with over 80 leading experts from around the world. But, it's your library and we want to know how else we can help you? What new resources would you like to see? Which ones do you love? What could we do better? We always value your feedback and want to ensure that we are giving you the resources that you need. Email us at <a href="mailto:research@tooledupeducation.com">research@tooledupeducation.com</a> to let us know how we are doing!

Do you have any burning parenting questions? Did you know that Dr W eston will answer any parenting question that you ask? Have a peek at this week's parenting question on the front page of the Tooled Up Education site. If you have a question, why not submit it? All questions are treated anonymously and we promise we will answer.

A quick reminder As a parent at a Tooled Up school, you have full unlimited access to the Tooled Up library. If you have not created your account yet, click <a href="here to register for an account">here to register for an account</a>. It takes less than 2 minutes to enter your details and unique school PIN: YPS1103 and if you need assistance, we are always happy to help at <a href="here to support@tooledupeducation.com">support@tooledupeducation.com</a>. If you already have an account and you have forgotten your password, then

That excit ng morning, I got dressed into the clothes I had carefully chosen the previous night. Quickly, I raced down the stairs thinking about the delight ul day ahead of me. On the kitchen table, I ate my Weetabix feeling amazing. I checked I had all my seaside essent als, my fat ening snacks and my extra warm layers. When I posit vely came out the front door with my filled rucksack on my back, I saw that we were unusually early because there were more stat onary cars and the golden sunrise was closer to the horizon.

When I got to school, I saw my fellow companions who were going to embark on this terrific coastal adventure hyped up and ready for anything windy, rainy or stormy. Af er we got to our classroom, we checked we had everything: coats, waterproof trousers and of course, wellington boots!

On the coach with Arvind, Rehan and Noah, we chat ed non stop and joked around carelessly. All of us saw Whitby on the way there and I also saw the abbey on the horizon with green felds beside it. When we got to Robin Hoods Bay, we got our waterproofs on and started the adventure with Mr Grundmann and Mrs Hart.

First, we walked down to the bay looking at wildlife and not ced the warning signs showing the dangers of towering clif's and falling rocks. When we got there, the sea was far out into the distance showing miles of glorious sand, there we studied seaweed, rock, and coastal erosion. We imagined what it was like back in the Jurassic era when the clif's had been further out into the sea and humans were not on this colourful, beaut ful planet that we stand on today.

We walked along the bay splashing in puddles and running around unt I we eventually got to a large pool where we would find sea creatures. As we went of searching in seaweed and under rocks my friends and I found the most terrific of animals! As long as an adult hand, Henry caught a mighty lobster. As aggressive as a boxer, Anjali, Noah and I (with Mr Grundmann's help) each caught a velvet crab with red, beady eyes. Noah actually picked his one up!

We popped into town and found benches to eat our packed lunch, that food was the only thing that kept me going! We then walked to the ice cream van down on the bay where we got our delicious ice cream. We looked at boulder clay (clay with stones inside). As a group, we examined the clay by feeling it and touching it with curiosity. Af er that, we had a stone stacking compet ton, everyone except Noah and myself chose the 'big rock tact c' while we used stones the size of teaspoons.

We then climbed up a steep path in trees count ng the amount of steps (111) unt I our poor legs were horribly sore. We walked along a path talking about the legend of lit le goblins that lived in this forest. Af er we came out of the forest, the whole magnif cent bay was in sight. It was such an experience! Chat ng with different people while walking made t me pass, because I enjoy being an annoying chat erbox. When we got to the town, we found we had gone in a loop! Walking in the town, Mr Grundmann told us about bandits that were around a long t me ago and how they had used the close t led roofs, intermingled pathways and dirty sewers.

We reluctantly walked to the coach refecting on the beautif a oe the nat neê a teh. A to the t

we got to a very familiar place, Yarm. When I got home to Stokesley, I could not wait to tell my parents all about the day.

On Wednesday 28th September, 6G went on a much anticipated trip to Boggle Hole. The trip to Boggle Hole, was to link with the science topic that we are learning in year six. All of 6G travelled on one large coach together to get to Boggle Hole, the journey took roughly one hour and a half.

When we arrived at Boggle Hole, we went down to the sandy, rainy beach. The smell of sea air was really strong. Once on the beach, we ran towards a wall and pretended to be waves. It was fun to do and I enjoyed it! The wall we ran towards was to stop the cliffs from getting eroded.

To get to different areas of the beach and look at the different effects of erosion, we walked slowly around the beach. We stopped every so often so that Mr Grundmann could explain how erosion had affected each part of the beach. From where we were standing the sea was as dark as the night sky.

After a while, we made our way to the rock pools. When they came into view, we all felt a wave of excitement and we couldn't wait to start finding hermit crabs. When we got to the rock pools, I went off with my friend (Lucy), and we lifted up lots of big, heavy rocks hoping to find crabs. We were in luck! We found approximately ten baby crabs which were the size of a two pound coin. Then, I put them straight in my tub, I was feeling really brave and picked five up but Lucy wouldn't because she was too scared that they would pinch her! After that, I found a bigger crab around the size of a jar of jam on its side. This crab was a beast and I didn't pick it up because I was no longer feeling brave. The last thing we — ed 1 p c Wbe nd

Phoenix Flier 719	Friday 7th October 2022

The Y4 boys travelled to Newcastle to play their first ever contact fixture against Dame Allan's School. All of the boys showed great determination and commitment throughout their games. A great afternoon was had by all with everyone contributing on the games, whether it was by passing to a team mate, supporting others, scoring tries and

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playt me.
The younger children following the older
children.

## the same year.

Oh yes!! If previous balls are anything to go by. Click the link to see our 2018 Circus ball photos ht ps://m.facebook.com/story.php?

story\_f id=2535155006501548&id=180851158598623

This year's icy entertainment promises to enthral. Please see the at ached poster for more details on what to expect from

this sensational event!

This year's nominated charity is The David Ashwell Foundat on <a href="https://www.facebook.com/groups/">https://www.facebook.com/groups/</a>
The David Ashwell F/Pref-share

L ...

To help the charity, we would welcome donat ons of auct on and raf e prizes. Please contact your Year Rep or email <a href="mailto:ypssc@hotmail.com">ypssc@hotmail.com</a>. See our 2021 Supporters on ht ps://ypssc.co.uk/supporters/